

# Bridgwater Swimming Club

SW Region Short Course Winter Championships  
Millfield: Friday 1st November Saturday 2nd – Sunday 3rd November 2019

**Ages at 31<sup>st</sup> December 2019 Junior competitors must be under the age of 16 on 31/12/19**

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ASA No \_\_\_\_\_ TEL No. \_\_\_\_\_

EMAIL: \_\_\_\_\_

**Please enter Short Course Times. Times to have been achieved at a Level 1, 2 or 3 meet since 01/01/19 and appear on the ASA rankings database. Long Course times will be converted by the computer programme.**

EVENT	TIME	EVENT	TIME
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
800m Freestyle (G)		100m Butterfly	
1500m Freestyle (B)		200m Butterfly	
50m Backstroke		100m Ind. Medley	
100m Backstroke		200m Ind. Medley	
200m Backstroke		400m Ind. Medley	

ENTRY FEES: £8.50 per event.

Number of events \_\_\_\_\_ @ £8.50 + £3.00 (coaches pass) to pay £ \_\_\_\_\_

Payments to be made by Bank Transfer to Sort Code 30-99-51 A/C Number 66194568

**ENTRIES TO BE RETURNED BY Monday 7<sup>th</sup> October 19 (no late entries will be accepted)**

**Swim England South West Region**  
**Winter Championships**  
**1-3 November Millfield Short Course**

**Qualifying Times: Entry times must have been achieved in a licensed meets at level 1, 2 or 3 since January 1 2019 and are on ASA Rankings, LC times will be converted by the computer programme.**

	Male			Female	
	Senior QT	Junior QT and Open CT	EVENTS	Senior QT	Junior QT and Open CT
SC	25.10	26.00	50m Freestyle	28.00	28.50
SC	54.50	56.50	100m Freestyle	1.00.80	1.02.00
SC	1.59.00	2.04.00	200m Freestyle	2.11.00	2.15.00
SC	4.15.20	4.30.00	400m Freestyle	4.35.00	4.40.00
SC	**	**	800m Freestyle	**	**
SC	**	**	1500m Freestyle	**	**
SC	28.50	30.00	50m Backstroke	31.50	32.50
SC	1.00.40	1.03.00	100m Backstroke	1.07.20	1.09.50
SC	2.15.00	2.21.00	200m Backstroke	2.24.00	2.30.00
SC	32.50	34.00	50m Breaststroke	36.10	37.00
SC	1.10.10	1.13.00	100m Breaststroke	1.17.70	1.20.00
SC	2.32.00	2.40.00	200m Breaststroke	2.48.00	2.52.00
SC	27.50	28.30	50m Butterfly	30.00	31.00
SC	1.01.00	1.04.00	100m Butterfly	1.07.80	1.09.20
SC	2.20.00	2.24.00	200m Butterfly	2.30.00	2.38.80
SC	1.02.80	1.06.00	100m Ind. Medley	1.09.00	1.12.00
SC	2.12.00	2.20.00	200m Ind. Medley	2.27.50	2.31.00
SC	4.53.00	5.00.00	400m Ind. Medley	5.15.00	5.20.50

All entries must be made on ranking times; conversions may be made using ASA Equivalent Performance tables and must appear on ASA Ranking tables.

Junior Champions will be declared in all events, all competitors must be under the age of 16 on 31/12/19.

\*\* 4 heats will be accepted for the 800/1500m events of which 25% must be juniors.

*The management committee reserve the right to reject swimmers with a QT if the sessions will over run the maximum time allowed by licensing regulations.*

SC – Short Course

QT – Qualifying time

CT – Consideration time

## Competition General Conditions

- 1 All Championships and Age Group Competitions shall be competed for annually under SWIM ENGLAND Laws and SWIM ENGLAND Technical Rules at venues and dates approved by the SWIM ENGLAND South West Regional Board.
- 2 All competitions shall be open to those:-
  - .1 who have resided in the SW Region for a period of not less than 60 days prior to the date of the competition;
  - .2 or who have a birth qualification;
  - .3 or in the case of members of HM Forces whose unit is affiliated under SWIM ENGLAND Laws it is sufficient for the competitor to be on the books;
  - .4 a competitor must, where applicable, have been a member of the club in whose name he is entered for 60 days prior to the date of competition or the first day of a series of competitions;
  - .5 In the interests of the sport in cases of extenuating circumstances the Region's Officers shall decide if the swimmer is eligible to compete. Their decision will be final.
- 3 Provided the swimmer holds the longest unbroken membership of an SWIM ENGLAND South West Region club for 60 days immediately prior to the date of the first event he is eligible to compete.
- 4 All competitors must be eligible competitors as defined by SWIM ENGLAND Laws.
- 5 **Each entry shall be made on the official entry form in accordance with the individual disciplines' requirements.**
- 6 All Officials shall be appointed by the appropriate discipline committee. They must be members of an affiliated club and licensed in accordance with SWIM ENGLAND Laws.
- 7 All protests as to the eligibility of competitors shall be decided by SWIM ENGLAND Laws.
- 8 Trophies:
  - .1 All trophies are perpetual. The winner shall be entitled to hold the trophy, provided satisfactory security be given to the Trophy Controller that it shall be returned in good condition.
  - .2 Trophies must be returned in time for presentation to the appropriate competition or returned to the Regional office one month prior to the competition. A fine of £250 per trophy will be imposed on the Swimmer for failure to comply.
- 9 All awards are ratified unless notice to the contrary is sent to the competitors concerned within 7 days of the event, or as decided by SWIM ENGLAND Judicial Laws.

## **10 Multi Discipline Entry**

- .1 Individuals forming the teams entering the SWIM ENGLAND South West Championships, except for Water Polo, must have been members of the club entering them for 60 days prior to the competition. Individuals forming the teams entering the SWIM ENGLAND South West Water Polo Championships must have been members of the club entering them prior to 1<sup>st</sup> February in the year of the competition. A swimmer who has the longest unbroken membership of that club entered for the SWIM ENGLAND South West Swimming Championships may be entered by another club for the SWIM ENGLAND South West Water Polo Championships of the SWIM ENGLAND South West Diving Championships or the SWIM ENGLAND South West Synchronised Swimming Championships always provided that he has the longest unbroken membership for that discipline in that club.
  - .2 A competitor entering in the name of one club for any SWIM ENGLAND South West Region Diving, Synchronised swimming or Water Polo competition may not be entered in the name of another club in any team or individual competition in that particular discipline of the sport in the same calendar year.
  - .3 A competitor entering in the name of one club in any SWIM ENGLAND South West Region swimming or Masters Swimming Competition or Championship may be entered in the name of another club in a different Competition or Championship.
11. Any matter not provided for shall be determined by the Board.

## SWIMMING CONDITIONS

### INDIVIDUAL EVENTS

1. All Championships and Age group Competitions shall be competed under Swim England Regulations and FINA Technical Rules of Swimming.
2. Venues for the following year shall be fixed by 1st September.
3. The course shall be 25 or 50 metres.
4. All competitors must be registered as Swim England Category 2.
5. Qualifying Times must have been achieved in Licensed Meets in the period allocated by the Swim England Swimming Managing Group. Entry times will be taken from Rankings. Any conversions must be made using Swim England Equivalent Time Converter. Accepted swimmers will be those who achieve the QT and those with consideration times will be accepted by a policy set by the Event Management Sub-Committee depending upon numbers required to make each session viable within Licensing criteria.
6. For all Summer Championships and Relays age shall be in line with National policy. Age groupings shall be decided by the Swimming Committee in line with National principles.
7. (a) The Swimming Committee shall decide which events have finals.  
  
(b) The organising committee shall decide, and publish with entries received file, if a withdrawal system shall operate for the heats and finals. A failure to comply will result in a £10.00 fine for heats and £25.00 for finals. After this the club will be fined.  
(c) Where the fines are not paid the swimmer shall not be eligible to enter future SE SWR swimming events.  
(d) All heats shall be swum with the slowest swimmer in the first heat. In 50m, 100m and 200m events the last three heats will be cyclically seeded. 400m, 800m and 1500m events the final heat only will be spearheaded.  
(e) Swimmers with an S Para code shall be eligible to compete in the finals if their time would place them in the top number of swimmers selected for a final. Results will only be declared on times recorded in the final.  
(f) Withdrawal Refunds:  
If the withdrawal is before the programme is printed a full refund will be given.

When withdrawal from all events is made by 4.00pm on the day before the event then 75% will be refunded.

No refund for withdrawal from single event but:

Withdrawals from 800m and 1500m events must be made by the start of the warm up for these events on the normal withdrawal form to prevent fines being incurred.

Withdrawals from other events need to be made by 4.00pm on the day before the event is to be swam on the normal withdrawal form to prevent fines being incurred.

Any swimmer that then does not compete and has not withdrawn as above will be fined £10.00 for each heat swim that is missed.

All refunds are given as credits to clubs and fines are payable by the club on behalf of the swimmer.

All withdrawals from Finals by Finalists and Reserves have to be made within 15 minutes of the last event with heats.

## **WINTER /SHORT COURSE CHAMPIONSHIPS**

8. (a) A senior Champion shall be declared in all events.  
(b) A Junior Champion shall be declared in all events. In events with a final the Champion shall be selected from the fastest times in either Open Finals A& B, if there are no Juniors in the finals A or B they shall be selected from the heats. If a junior withdraws from an Open A or B Final, they cannot be considered for any awards
- c) To qualify for Junior Championships all competitors must be under the age of 16 years on 31<sup>st</sup> December in year of competition.

## **AWARDS**

9. (a) Awards shall be made for First, Second and Third places in Senior and Junior Championships and Age Group Competitions. The Awards shall be approved by the Board.  
10. Medals will only be available for collection at the competition concerned.

## **TEAM EVENTS**

11. A list of team members from whom the team will be selected, with certified dates of birth must be submitted in advance.  
12. Any team swimming an ineligible member shall be disqualified.  
13. Each competing Club may enter more than one team in each event.  
14. Awards shall be made for First, Second and Third place in all relays.  
15. All events shall be swum in heats from nominated entry times.

### **16.1 CLUB TEAM CHAMPIONSHIP FOR NATIONAL QUALIFICATION**

- a) These events shall be freestyle and medley 4 x 100m and freestyle 4 x 200m. Entry times for these distances must accompany the entry and shall be heat declared winners.  
b) Age restrictions for National Championships shall apply.

### **16.2 AGE GROUP FREESTYLE AND MEDLEY SHORT COURSE CLUB TEAM COMPETITIONS**

- (a) These events shall be 4 x 50 metres for male, female and mixed teams (2 each sex) and entry times for this distance must accompany the entry.  
(b) Age Groups shall be: 10/11years, 12/13years, 14/15years and 16yrs & over. Age on day of competition.  
17. All clubs will have one team accepted in each event. If they wish to make more than one entry they may do so but a maximum of 32 races will be held in each session and additional entries will be accepted by random draw. Results will be heat declared winners or by finals depending on entries (To be decided by organising committee).

### **SPRINT COMPETITION / FAST 5 COMPETITION**

18. Open to all swimmers who have entered an SE SW Region Summer or Winter Championships since the previous November 1st.
19. Swimmers who are invited to attend or enter the British Summer Championships or the Home Nations (England, Scotland or Wales) Summer meets or qualify for the British Championships or enter the British or Swim England Summer Para events are not eligible to compete.
20. Swimmers to enter all five events
21. Results and awards to be decided on FINA points gained in all 5 events to the top three in each Age group.
22. Single age bands as for Regional Summer Championships.

## **MASTERS COMPETITION CONDITIONS**

23. The competition shall be held annually when and where at the discretion of the committee depending upon viability.

24. All competitors shall be registered and members of clubs affiliated to a National Association.

25. The age of the competitor shall be that attained in the year of competition. All competitors must be aged 25 years or over by midnight on 31 December in the year of competition save for competitors in Senior Group who must be aged 18 years or over on the date of competing.

26. Entries shall be made to the Admin & Events Officer by the date set.

27. The Age Groups shall be: - Senior 18-24 years, then in 5 year age bands from 25-29 as required to accommodate all competitors

The age-bandings for results, shall be those of the SWIM ENGLAND National Masters Championships.

28. All events shall be swam in combined age groups and seeded heats, starting with the slowest, and shall be heat declared winners.

29. Medals shall be awarded at the discretion of the organising committee.

30. Decathlon competition: shall be open to both men and women. The results shall be taken from the National Competition results for members shown as members of SE SWR clubs. Competitors may only win the competition once in each age group.