

**Somerset County
Long & Middle-Distance
Development Meet
Saturday 30th November 2019**

Millfield Senior School, Street, Somerset

25m, 8 lane pool with anti-wave ropes and electronic timing

**Licensed Level 3 (SW192391) to qualify for County
and Regional Championships**

Under ASA Laws and Regulations and Technical Rules of Racing

400m freestyle AND 400m IM: £10 per entry

800m freestyle: £10 per entry

1500m freestyle: £15 per entry

Both events are open to males and females, each swimmer can enter one long distance event or both middle distance events

Entry fee includes poolside passes and spectator entry

**Organised and run by Keynsham Amateur Swimming Club,
on behalf of Somerset ASA**

Venue:

Millfield School Swimming Pool, Keen's Elm Lane, Street BA16 0ST

Programme of events:

The following times will be confirmed once entries are in:

Session 1: 09:00 Warm up 09:30 Racing starts 12:30 Session ends

Session 2: 12:30 Warm up 13:00 Racing starts 16:00 Session ends

Swimmers will enter either ONE long distance event OR BOTH middle distance events.

Each session will include 800m and 1500m heats. Males and females may be seeded in the same heats, according to actual or predicted times. For

the 400m events, males and females will be seeded in separate heats, according to actual or predicted times.

Clubs will, as far as possible, be allocated to one session or the other.

Millfield School does not routinely have a second strobe light as part of the starting equipment. Please contact the meet organiser ahead of the meet if you have a swimmer who will require one.

Meet conditions:

[1] The meet will be held under Swim England Laws and Regulations and Technical Rules of Racing and has been Licensed Level 3 by the Swim England for qualification into County and Regional Championships. Any rules not covered by the Promoter's conditions will be covered by Swim England Laws on open competitions.

[2] This is a closed meet, participation being invited from members of Somerset ASA affiliated swimming clubs. All competitors must be registered as a competitive swimmer with the Swim England and may compete in the name of one (Somerset ASA) club only.

[3] The meet is inclusive, and entries will be accepted into events from Swim England category 2 swimmers with disabilities, who will be seeded into appropriate heats and with reasonable adjustments made to meet their needs.

[4] Heats will be seeded on entry times. Where a swimmer does not have a time for an event, they will be placed in a heat according to an estimated seed time and their age.

[5] Swimmers, spectators and coaches will be directed to read the current Swim England guidelines on photography; these will be displayed in poster form at the meet entrance table.

[6] Swimmer's entry information will be held on a computer solely for the purposes of administering this competition. Consent, as required by the Data Protection Act 1998, to the holding of personal information on an entry.

Personal Data will be available for inspection during the Meet on application to the Promoter. These details may be made public before, during or after the meet for the purposes of confirming entries, producing the programme, and releasing results.

[7] Entries must be received **from the participating clubs**, preferably by completion of electronic entry file, submitted with payment by Friday 13th October 2019. **Each swimmer can enter ONE long distance event (1500m or 800m freestyle) OR BOTH middle distance events (400m IM and 400m freestyle)**. Entrants must not have swum faster than the “no faster than times” for an event since January 2019, as given at the end of this document. The viability of the meet will be decided on the entries received by the deadline; late entries will be accepted if these can be accommodated within the three-hour maximum duration of each session, and without disadvantaging those entries received prior to the deadline.

[9] The entry fee is £10 for each entry to the two 400m events, £10 for each entry to the 800m freestyle, and £15 for each entry to the 1500m freestyle, which will ensure the meet breaks even. There will be no charge for spectator entry, and heat sheets will be put on display in the spectator area. There will be no awards, although club are welcome to make their own arrangements. Results will be listed by age on 31st December 2020 to facilitate comparison with qualification times for County and Regional Championships.

[10] Two coaches' passes will be made available, free of charge, to each competing club; additional passes will be provided if a club has more than twenty swimmers entered. Only members of the Swim England, leisure centre staff, and appointed timing staff are permitted poolside.

[11] Acceptance / rejection of entries will be confirmed as soon as possible. All refunds will be made 'end block' to the club submitting the entries – arrangements will be made with each club as appropriate.

[12] If the event is over-subscribed, the following exclusions will be applied in the following order until the remaining number of entries can be accommodated:

- an equal proportion of faster swimmers in each gender and age group, without rejecting an entry from a swimmer who has yet to achieve the qualifying time for the event in the 2020 county championships (see table below)
- swimmers who are too young to compete in the long-distance events in the 2020 county championships (younger than 11 on 31 December 2020)
- swimmers without a 200m+ event time at a licensed meet since January 2018

[13] Each session will require at least 16 qualified officials, or active J1 trainees signed off for their timekeeping competency, to commit to a whole session, to run smoothly and meet the licence requirements. Clubs will be invited to identify at least one official for every four confirmed entries.

Swimmers will NOT be excluded from entering because their club cannot provide officials; however, times may not be accepted for County or Regional Championship qualification if the licence conditions are not met.

[14] As this is a break-even meet, there will be no refunds for withdrawals after the closing date, clubs are however welcome to nominate a substitute swimmer to take the vacated space.

[15] All fees for each club should be paid by a single cheque made payable to: **Keynsham Amateur Swimming Club**. Bank details for a BACS payment will be made available on request.

[16] Swimmers must report to the marshals at least ten minutes prior to their heat, or the swimmer may lose their place in the event.

[17] The promoter reserves the right to refuse admission to any competitor or spectator

[18] Neither the promoter nor the pool management accept any liability for any loss or damage to personal belongings.

[19] Should it be necessary to cancel the meet, for reasons beyond the control of the promoter, refunds will be at the promoter's discretion.

[20] In extenuating circumstances and due to situations out of the promoter's control during the competition, the promoter reserves the right to make changes to the running of the meet, with the agreement of the lead referee.

HEALTH AND SAFETY

Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways with bags.

Swimmers MUST be dry and wearing suitable clothing and footwear before entering the spectator areas.

Please report any issues immediately to a member of the pool staff or to the Meet Promoter.

**Somerset Championships Short Course
Qualification Times 2020**

Age (on 31/12/20)	400m IM	400m free	800m free	1500m free	400m IM	400m free	800m free	1500m free
10/11	N/A	6:35.60	N/A	N/A	N/A	6:43.90	N/A	N/A
12	7:00.30	6:15.60	12:30.00	25:18.10	7:09.70	5:56.00	12:21.80	25:17.00
13	6:52.00	5:45.10	11:45.00	22:44.10	6:46.40	5:44.60	11:47.30	22:46.00
14	6:20.30	5:20.00	10:55.00	21:33.10	6:29.10	5:25.00	11:17.30	21:36.00
15	5:59.60	5:05.20	10:25.00	19:58.70	6:17.10	5:20.70	10:59.50	20:08.00
16+	5:49.40	4:59.70	10:15.00	19:41.60	6:13.60	5:15.00	10:53.00	19:58.00

NO FASTER THAN TIMES FOR MALES AND FEMALES (SHORT COURSE, OR LONG COURSE CONVERSION USING ASA TABLES)

(ACHIEVED SINCE JANUARY 2019, SO ELIGIBLE FOR COUNTY CHAMPS QUALIFICATION)

(Age (on 31/12/20)	400m IM	400m freestyle	800m freestyle	1500m freestyle
12&U	6:15.00	5:10.00	10:50.00	19:25.00
13	5:55.00	5:00.00	10:20.00	19:15.00
14	5:30.00	4:45.00	09:50.00	18:30.00
15	5:15.00	4:30.00	09:30.00	18:00.00
16+	4:40.00	4:15.00	09:15.00	17:45.00

BRIDGWATER AMATEUR SWIMMING CLUB

Long & Middle-Distance Development Meet

400m Freestyle & 400m IM

800m Freestyle & 1500m Freestyle

Millfield school, Street

Licensed Level 3 (SW192391)

To qualify for County and Regional Championships

Closing date Friday 6th September 2019

ENTRY FORM

Name:
Date of birth:
Age as at 31 December 2020..... years

Sex: M / F

ASA Number

Telephone no: _____
Email Address: _____

Saturday 30 th November 2019		
Event	✓	Submitted time
400m Free		
400m IM		
800m Freestyle		
1500m Freestyle		

Please either print your form and hand into the front desk on a Friday evening or hand the completed form to Gin Towells or myself Debbie Robins or you can email it to me at somersetstones@btinternet.com

Payments to be made by either bank transfer to: sort code 30-99-51 a/c 66194568, cash or cheque. Payment must be received within 48hrs of submission or your entry may be withdrawn.

