# BRIDGWATER ASC ENTRY FORM <br> Bristol Henleaze Autumn Level 3 Meet <br> at Hutton Moore Leisure Centre $23^{\text {rd }}$ and $24^{\text {th }}$ November 2019 

## Closing Date for Entries: FRIDAY 6 ${ }^{\text {th }}$ September 2019

Full Name (as per ASA Registration) $\qquad$
ASA Number $\qquad$ Male/Female Date of Birth $\qquad$
Age at: $\mathbf{2 4}^{\text {th }}$ November 2019 $\qquad$ Contact telephone number $\qquad$
Email Address $\qquad$
(please write clearly)
Number of entries $\qquad$ @ $£ 6.50$ + $£ 3.00$ towards coach' poolside passes, additional siblings $£ 1.50$ (only payable once per meet, not per day).
(example 2 entries @ $£ 6.50=£ 13.00+£ 3.00$ towards coach' poolside pass = $£ 16.00$
TOTAL PAID = £
$\qquad$

- Please see attached meet information for entry rules and qualifying criteria, including qualifying times.
- Please complete your entries on the correct dates/sessions below, only enter those races you qualify for and would like to complete in.
- All entry information must be completed prior to submission; entries will not be accepted if not completed, THIS IS TO INCLUDE ENTRY TIMES, converted if necessary.
- ASA swimmer times if available from licensed meets can be found https://www.swimmingresults.org/individualbest
- Please any questions, please feel free to ask. My email address is somersetstones@btinternet.com
- Please submit entry forms to any committee member or to the email address above and payments to be made by Bank Transfer to Sort Code: 30-99-51, A/C Number: 66194568 payment must be made within 48hrs after submitting your entry, if not your entry may be withdrawn.

This is a Level 3 Licensed Meet giving qualification to County Championships, Level 1 \& L2 Open Meets

## BRIDGWATER ASC ENTRY FORM <br> Bristol Henleaze Autumn Level 3 Meet at Hutton Moore Leisure Centre $23^{\text {rd }}$ and $24^{\text {th }}$ November 2019

Full Name (as per ASA Registration) $\qquad$
Saturday 23 ${ }^{\text {th }}$ November 2019

| Session one - Warm Up 13.10 - Start 14.15 <br> Approx. finish 16.15 |  |  | Session two - warm up 16.30-Start 171.15 <br> Approx. finish 20.00 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EVENT\# | EVENT | ENTRY TIME | EVENT \# | EVENT | ENTRY TIME |
| $\begin{gathered} \text { EVENT } \\ 1 \end{gathered}$ | $\begin{gathered} 200 \mathrm{~m} \text { I.M. } \\ \text { Girls } \end{gathered}$ |  | $\begin{gathered} \hline \text { EVENT } \\ 9 \end{gathered}$ | 12/under skins final Girls |  |
| $\begin{gathered} \text { EVENT } \\ 2 \end{gathered}$ | 200m backstroke Boys |  | $\begin{gathered} \hline \text { EVENT } \\ 10 \end{gathered}$ | 13/over skins final Girls |  |
| $\begin{gathered} \text { EVENT } \\ 3 \end{gathered}$ | 50m breaststroke Girls |  | $\begin{gathered} \hline \text { EVENT } \\ 11 \end{gathered}$ | 200m Breaststroke Boys Boys |  |
| $\begin{gathered} \text { EVENT } \\ 4 \end{gathered}$ | 50m butterfly Boys |  | $\begin{gathered} \hline \text { EVENT } \\ 12 \end{gathered}$ | 200m butterfly Girls |  |
| $\begin{aligned} & \text { EVENT } \\ & 5 \end{aligned}$ | 100m backstroke Girls |  | $\begin{gathered} \text { EVENT } \\ 13 \end{gathered}$ | 50m freestyle Boys |  |
| $\begin{gathered} \text { EVENT } \\ 6 \end{gathered}$ | 100m breaststroke Boys |  | $\begin{gathered} \text { EVENT } \\ 14 \end{gathered}$ | 50m backstroke Girls |  |
| $\begin{gathered} \text { EVENT } \\ 7 \end{gathered}$ | $\underset{\text { Girls }}{200 \mathrm{~m} \text { freestyle }}$ |  | $\begin{gathered} \hline \text { EVENT } \\ 15 \end{gathered}$ | 100m butterfly Boys |  |
| $\begin{gathered} \text { EVENT } \\ 8 \end{gathered}$ | 400m freestyle |  | $\begin{gathered} \hline \text { EVENT } \\ 16 \end{gathered}$ | 100m freestyle Girls |  |
|  |  |  | $\begin{gathered} \hline \text { EVENT } \\ 17 \end{gathered}$ | $\begin{aligned} & \hline \text { 100M I.M } \\ & \text { Male } \end{aligned}$ |  |
|  |  |  | $\begin{gathered} \text { EVENT } \\ 18 \end{gathered}$ | 400M I.M Female |  |

## BRIDGWATER ASC ENTRY FORM

## Bristol Henleaze Autumn Level 3 Meet

 at Hutton Moore Leisure Centre $23^{\text {rd }}$ and $24^{\text {th }}$ November 2019Full Name (as per ASA Registration)
Sunday 24 ${ }^{\text {th }}$ November 2019

| Session three - Warm Up 9.00am - Start 9.45am Approx. finish 12.00 |  |  | Session four - Warm up 12.15 - Start 13.00 Approx. finish 16.00 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EVENT\# | EVENT | ENTRY TIME | EVENT\# | EVENT | ENTRY TIME |
| $\begin{gathered} \text { EVENT } \\ 19 \end{gathered}$ | $\begin{aligned} & 200 \mathrm{~m} \text { I.M } \\ & \text { Boys } \end{aligned}$ |  | $\begin{gathered} \text { EVENT } \\ 27 \end{gathered}$ | 13/under skins final Boys |  |
| $\begin{gathered} \text { EVENT } \\ 20 \end{gathered}$ | 200m backstroke Girls |  | $\begin{gathered} \text { EVENT } \\ 28 \end{gathered}$ | 14/over skins final Boys |  |
| $\begin{gathered} \hline \text { EVENT } \\ 21 \end{gathered}$ | 50m breaststroke Boys |  | $\begin{gathered} \text { EVENT } \\ 29 \end{gathered}$ | 200m Breaststroke Girls |  |
| $\begin{gathered} \text { EVENT } \\ 22 \end{gathered}$ | 50m butterfly Girls |  | $\begin{gathered} \text { EVENT } \\ 30 \end{gathered}$ | 200 m Butterfly Boys |  |
| $\begin{gathered} \hline \text { EVENT } \\ 23 \end{gathered}$ | 100m backstroke Boys |  | $\begin{gathered} \hline \text { EVENT } \\ 31 \end{gathered}$ | 50m Freestyle Girls |  |
| $\begin{aligned} & \hline \text { EVENT } \\ & 24 \end{aligned}$ | 100m breaststroke Girls |  | $\begin{gathered} \hline \text { EVENT } \\ 32 \end{gathered}$ | 50m backstroke Boys |  |
| $\begin{gathered} \text { EVENT } \\ 25 \end{gathered}$ | 200 m freestyle Boys |  | $\begin{gathered} \text { EVENT } \\ 33 \end{gathered}$ | 100m butterfly Girls |  |
| $\begin{gathered} \hline \text { EVENT } \\ 26 \end{gathered}$ | 400m freestyle Girls |  | $\begin{gathered} \hline \text { EVENT } \\ 34 \end{gathered}$ | 100m Freestyle Boys |  |
|  |  |  | $\begin{gathered} \text { EVENT } \\ 35 \end{gathered}$ | $\begin{gathered} 100 \mathrm{~m} \text { I.M. } \\ \text { Girls } \end{gathered}$ |  |
|  |  |  | $\begin{gathered} \text { EVENT } \\ 36 \end{gathered}$ | $\begin{aligned} & 400 \mathrm{~m} \text { I.M. } \\ & \text { Boys } \end{aligned}$ |  |

## Bristol Henleaze Autumn Level 3 Open Meet Nov-19

23rd \& 24th November 2019 @ Hutton Moor Leisure Centre, Weston-super-Mare

License No 3SW192364

Electronic Timing and Anti Wave Ropes

8 Lane 25m Competition Pool with seating for 200 spectators
$50 \mathrm{~m}, 100 \mathrm{~m}, 200 \mathrm{~m}$ of each stroke, $100 \mathrm{~m}, 200 \mathrm{~m} \& 400 \mathrm{~m}$ I.M. and 400 m Freestyle
I.M. Skins event for top 8 from 200m I.M. in Boys 13/under \& 14/over, Girls 12/under \& 13/over age groups - Cash Prize for the Winners \& Runners Up

Single age categories: $9 \mathrm{yrs}, 10 \mathrm{yrs}, 11 \mathrm{yrs}, 12 \mathrm{yrs}, 13 \mathrm{yrs}, 14 \mathrm{yrs}, 15 \mathrm{yrs}, 16 \mathrm{yrs}$ and over
Medals for Top 3 in each age category
Prize for Top Boy, Top Girl and Top Visiting Club

## Bristol Henleaze Autumn Level 3 Open Meet Nov-19

## 23rd \& 24th November 2019 @ Hutton Moor Leisure Centre License No 3SW192364 <br> PROMOTERS' CONDITIONS

1. The Meet will be held under Swim England Laws and Regulations and Technical Rules of Racing and has been licensed Level 3 (Licence No 3SW192364) by Swim England for entry into County and Regional Championships and Level 1 and 2 open meets.
2. All entries must be made on the understanding that the promoters' conditions are accepted.
3. Upper Qualifying times will be applied to all events. Entries should be made by Hy -Tek file no late entries will be accepted. If the meet is full before this date the promoters reserve the right to close the meet before the date above.
4. All competitors must be members of an affiliated club, registered with Swim England, Swim Wales or Swim Scotland at Category 2, and may compete in the name of one club only. It is important that swimmers enter under the exact name by which they are known to by British Swimming, so that our computer software identifies the correct swimmers.
5. Teams are asked to provide one licensed official for every $\mathbf{1 0}$ swimmers entered if possible. Entries will not be rejected if clubs can't meet this request.
6. Entries will be accepted on a "first come, first served" basis. A list of rejected swimmers and a refund cheque or bank transfer per club will be sent.
7. Incorrect or incomplete entries will be rejected and entry fees will not be refunded. There will be no refunds for withdrawals after the closing date, except in the case of:
[The production of a doctor's note confirming the athlete is unfit to compete.
8. All events will be run on a Heat Declared Winner basis.
9. Medals will be awarded for the top 3 swimmers in each event in the following age groups: $9,10,11,12,13,14,15$ and 16 and over. Medals to be collected from the medals desk situated on poolside.
10. The 'Skins' event will run as follows:
[ The fastest 8 swimmers from the 200 m I.M. in the 12 /under girls, 13 /under boys, 13 /over girls and 14/over boys will be eligible for the Skins final.
[ The Skins finals will be swum at the start of the 2nd session - Girls on Saturday, Boys on Sunday.
[ ${ }^{2}$ Swimmers will compete over $4 \times 50 \mathrm{~m}$ swims on a turnaround time of 3.00 minutes. The slowest 2 swimmers from each race will be eliminated. The 4 th 50 m race will consist of just 2 swimmers.
2 Strokes will be pulled out of a hat before the start of each race. Once a stroke has been swum it will not be swum again in the first 3 races. For the 4 th race all strokes will be put back into the hat and a stroke chosen at random.

目The winner in each of the 4 age groups will receive a cash prize, the runner up will also receive a prize. 园 The times achieved in the 'Skins' competition will not be eligible for Rankings under licensing rules.
11. The meet is designated as 9 years and over and will be age as at 24th November 2019. There are upper limit qualifying times for individual age groups as follows: $\mathbf{9 , 1 0 , 1 1 , 1 2 , 1 3 ,}$

## 14,15 and 16 and over age groups.

12. Entry times shall be those for 25 m pool times, converted if necessary. All times submitted must be truthful and correct as define by the Swim England Code of Conduct. Entry times may be checked against British Swimming rankings.
13. Over the top starts may be used at the promoter's discretion.
14. There will not be a secondary strobe in operation for swimmers who may require one.
15. Entry fees are $£ 6.50$ per event and include the levy per accepted entry made by Swim England for licensed events.
16. Entries and results for this Meet will be held on computer. As required by the Data Protection Act 1998 submission of entries implies consent to the holding of personal information on computer. These details may be made public before, during or after the Meet.
17. There will be no sign in process for this Meet.
18. Following updated guidance the use of photographic equipment is no longer controlled. Spectators, coaches, and swimmers are reminded to stop and think about the guidelines on consent and decency must always apply. Photography guidance applies to all images and recordings taken on any camera, mobile phone or other recording device. Social media guidance will apply if those images or recordings are being shared on social media platforms a copy of this guidance can be found in the Wavepower document that all club welfare officers will have.
19. Entries will be seeded into heats based on entry times, the slowest heats will be swum first.
20. Swimmers must report to the competitor stewards' eight heats prior to their own.
21. Only coaches' in possession of a coaches' pass are allowed on poolside. Wet swimmers are not allowed in the spectator areas.
22. The promoters do not accept any liability for any loss or damage to personal belongings.
23. The promoter reserves the right to refuse admission to any spectator, competitor or coach. For example, if behaviour is deemed abusive or unacceptable.
24. The referee reserves the right to alter these conditions if necessary, any alterations being announced during the Meet. Any matter not covered by these conditions shall be at the referee's discretion if not covered by Swim England Laws or Technical Rules.

## LIMIT QUALIFYING TIMES - SHORT COURSE TIMES ONLY

GIRLS

| EVENTS | $\underline{\mathbf{9}}$ | $\underline{\mathbf{1 0}}$ | $\underline{\mathbf{1 1}}$ | $\underline{\mathbf{1 2}}$ | $\underline{\mathbf{1 3}}$ | $\underline{\mathbf{1 4}}$ | $\underline{\mathbf{1 5}}$ | $\underline{\mathbf{1 6 / O V}}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 50m freestyle | 36.00 | 34.50 | 31.60 | 31.24 | 29.25 | 28.25 | 28.12 | 27.50 |
| 100 m freestyle | 1.19 .00 | 1.14 .30 | 1.09 .50 | 1.08 .55 | 1.02 .80 | 1.01 .80 | 100.30 | 59.00 |
| 200 m freestyle | 2.50 .00 | 2.42 .00 | 2.30 .75 | 2.29 .70 | 2.21 .40 | 2.15 .20 | 2.09 .80 | 2.08 .00 |
| 400 m freestyle | 5.50 .00 | 5.30 .00 | 5.17 .20 | 5.16 .20 | 4.55 .10 | 4.46 .40 | 4.34 .05 | 4.33 .00 |
| 50 m backstroke | 41.50 | 39.50 | 37.10 | 36.50 | 34.50 | 33.50 | 32.50 | 32.30 |
| 100m backstroke | 1.27 .80 | 1.24 .00 | 1.20 .50 | 1.19 .80 | 1.14 .80 | 1.11 .20 | 1.08 .40 | 1.07 .20 |
| 200m backstroke | 2.58 .00 | 2.53 .00 | 2.47 .60 | 2.46 .60 | 2.35 .80 | 2.32 .70 | 2.24 .10 | 2.23 .30 |
| 50 m breaststroke | 46.00 | 44.00 | 42.70 | 42.30 | 39.70 | 37.45 | 37.10 | 36.10 |
| 100 m breaststroke | 1.42 .00 | 1.37 .00 | 1.33 .80 | 1.33 .10 | 1.27 .00 | 1.23 .20 | 1.20 .20 | 1.16 .90 |
| 200 m breaststroke | 3.40 .00 | 3.20 .00 | 3.17 .60 | 3.17 .10 | 3.05 .70 | 2.54 .60 | 2.50 .00 | 2.45 .00 |
| 50 m butterfly | 40.00 | 38.00 | 35.00 | 34.50 | 33.50 | 32.20 | 31.15 | 29.70 |
| 100 m butterfly | 1.40 .00 | 1.29 .90 | 1.22 .65 | 1.22 .00 | 1.17 .60 | 1.13 .20 | 1.09 .70 | 1.07 .90 |
| 200 m butterfly | 3.30 .00 | 3.18 .00 | 3.00 .00 | 2.59 .00 | 2.52 .80 | 2.46 .50 | 2.33 .40 | 2.27 .70 |
| 100 m Ind med | 1.35 .79 | 1.26 .30 | 1.19 .95 | 1.14 .30 | 1.11 .42 | 1.09 .84 | 1.09 .03 | 1.06 .34 |
| 200 m Ind med | 3.10 .00 | 2.58 .80 | 2.47 .25 | 2.46 .30 | 2.42 .40 | 2.36 .50 | 2.30 .50 | 2.27 .20 |
| 400m Ind med | 7.00 .00 | 6.30 .00 | 6.00 .00 | 5.59 .00 | 5.38 .60 | 5.30 .90 | 5.16 .00 | 5.13 .00 |

BOYS

| EVENTS | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16/0v |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50 m freestyle | 36.00 | 34.50 | 31.90 | 31.50 | 29.25 | 27.18 | 26.50 | 24.15 |
| 100m freestyle | 1.19.00 | 1.14 .00 | 1.10 .40 | 1.09.40 | 1.05.10 | 59.50 | 59.00 | 54.50 |
| 200m freestyle | 2.50 .00 | 2.42 .00 | 2.32 .20 | 2.31 .20 | 2.23.40 | 2.11 .20 | 2.05 .50 | 1.58 .00 |
| 400m freestyle | 5.50 .00 | 5.30 .00 | 5.16 .80 | 5.15 .80 | 5.05.40 | 4.34 .90 | 4.23 .30 | 4.11.30 |
| 50m backstroke | 41.50 | 39.50 | 38.00 | 37.10 | 35.50 | 32.30 | 31.60 | 28.60 |
| 100m backstroke | 1.27.80 | 1.24 .00 | 1.22.00 | 1.21 .40 | 1.16 .50 | 1.09.80 | 1.07.80 | 1.00.70 |
| 200m backstroke | 2.58 .00 | 2.53 .00 | 2.50 .60 | 2.49 .60 | 2.39.70 | 2.25.30 | 2.21 .40 | 2.12 .20 |
| 50m breaststroke | 46.00 | 44.00 | 42.80 | 42.50 | 39.50 | 37.70 | 34.70 | 30.30 |
| 100m breaststroke | 1.42.00 | 1.37 .00 | 1.34.80 | 1.33 .80 | 1.29.50 | 1.21.90 | 1.15 .20 | 1.07.20 |
| 200m breaststroke | 3.40 .00 | 3.20 .00 | 3.16 .60 | 3.15 .60 | 3.03.50 | 2.53 .20 | 2.43 .80 | 2.28 .90 |
| 50m butterfly | 40.00 | 38.00 | 36.10 | 35.80 | 33.00 | 31.50 | 30.15 | 26.20 |
| 100m butterfly | 1.40 .00 | 1.29 .90 | 1.26 .40 | 1.25 .90 | 1.18.80 | 1.11.80 | 1.06.60 | 59.50 |
| 200m butterfly | 3.30 .00 | 3.18 .00 | 3.12 .15 | 3.11 .15 | 2.55 .80 | 2.40 .50 | 2.26 .70 | 2.10.10 |
| 100m Ind med | 1.34.61 | 1.25 .18 | 1.19.16 | 1.14.13 | 1.09.44 | 1.06.14 | 1.04.55 | 59.56 |
| 200m Ind med | 3.10.00 | 2.58 .80 | 2.54.20 | 2.53 .20 | 2.45.90 | 2.31 .30 | 2.25 .80 | 2.14 .00 |
| 400m Ind med | 7.00.00 | 6.30 .00 | 6.08.80 | 6.07.50 | 5.48.50 | 5.23 .40 | 5.04.70 | 4.46 .00 |

