### **Bridgwater ASC Entry Form**

**GCSC Spring Level 2/3 Open Meet**

**Friday 12th – Sunday 14th April 2019**

**Gloucester Leisure Centre Bruton Way Gloucester GL1 1DT**

**Closing Date for Entries: Friday 1st February 2019**

**Full Name (as per ASA Registration) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**ASA Number** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Male/Female** \_\_\_\_\_\_\_\_\_\_\_\_

**Date of Birth** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Age at: 14th April 2019 \_\_\_**\_\_

**Contact telephone number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Entry @ £7.00 800/1500m \_\_\_ entries @ £6.00 = Sub total \_\_\_\_\_\_\_\_\_\_\_\_**

**Add towards Coach’ poolside passes, number \_\_\_\_\_\_\_\_\_\_ @ £3.00**

**Add additional siblings Number \_\_\_\_\_\_\_\_\_\_ @ £1.50**

**(each only payable once per meet, not per day).**

**TOTAL PAID = £\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

* **Please see attached meet information for entry rules and qualifying criteria, including qualifying times.**
* **Please complete your entries on the correct dates/sessions below, only enter those races you qualify for and would like to complete in.**
* **All entry information must be completed prior to submission; entries will not be accepted if not completed, THIS IS TO INCLUDE ENTRY TIMES, converted if necessary.**
* **ASA swimmer times if available from licensed meets can be found** [**https://www.swimmingresults.org/individualbest**](https://www.swimmingresults.org/individualbest)
* **Please any questions, please feel free to ask.**
* **My email address is somersetstones@btinternet.com**
* **Please submit entry forms to any committee member or to the email address above and payments to be made by Bank Transfer to**

**Sort Code: 30-99-51, A/C Number: 66194568 by the closing date above**

* **This is a Level 3/2 Licensed Meet giving qualification to County Championships, Level 1 & L2 Open Meets.**

**Friday 12th April 2019**

|  |  |  |
| --- | --- | --- |
| **EVENT #** | **Warm up (Girls/Boys) 5.30pm -5.55pm**  **EVENT** | **Finish Time 9.00pm**  **ENTRY TIME** |
| EVENT  101 | Multi – Disability only  Mixed 400m Free |  |
| EVENT  102 | 800m Freestyle  Girls |  |
| Event  103 | 1500m Freestyle  Boys |  |

**Saturday 13th April 2019**

|  |  |  |  |  |  |  |
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| **Session 2 – Warm Up 10.15am – 11.15am Girls/Boys**  **Start time 11.20am Finish time TBC** | | |  | **Session 3 – Warm up TBC Girls/Boys**  **Start time TBC Finish time TBC** | | |
|  | | |  |  | | |
| **EVENT #** | **EVENT** | **ENTRY TIME** |  | **EVENT #** | **EVENT** |  |
| EVENT  201 | 200m IM  Boys |  |  | EVENT  301 | 50m Back  Boys |  |
| EVENT  202 | 200m Breaststroke  Girls |  |  | EVENT  302 | 100m IM  Girls |  |
| Event  203 | 100m Breaststroke  Boys |  |  | EVENT  303 | 200m Free  Boys |  |
| Event  204 | 100m Freestyle  Girls |  |  | EVENT  304 | 100m Fly  Girls |  |
| Event  205 | 200m Backstroke  Boys |  |  | Event  305 | 100m Back  Boys |  |
| Event  206 | 200m Fly  Girls |  |  | EVENT  306 | 400m IM  Girls |  |
| Event  207 | 50m Fly  Boys |  |  | Event  307 | 200m Breast  Boys |  |
| Event  208 | 400m Free  Girls |  |  | Event  308 | 50m Free  Girls |  |

**Sunday 14th April 2019**

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| **Session 4 – Warm Up 10.15am – 11.15am Girls/Boys**  **Start time 11.20am Finish time TBC** | | |  | **Session 5 – Warm up TBC Girls/Boys**  **Start time TBC Finish time TBC** | | |
| **EVENT #** | **EVENT** | **ENTRY TIME** |  | **EVENT #** | **EVENT** |  |
| EVENT  401 | 50m Back  Girls |  |  | EVENT  501 | 200IM  Girls |  |
| EVENT  402 | 100m Free  Boys |  |  | EVENT  502 | 100m Fly  Boys |  |
| Event  403 | 100m Breast  Girls |  |  | EVENT  503 | 100m Back  Girls |  |
| Event  404 | 200m Fly  Boys |  |  | EVENT  504 | 50m Breast  Boys |  |
| Event  405 | 200m Free  Girls |  |  | Event  505 | 50m Breast  Girls |  |
| Event  406 | 100m IM  Boys |  |  | EVENT  506 | 400m IM  Boys |  |
| Event  407 | 200m Back  Girls |  |  | Event  507 | 50m Fly  Girls |  |
| Event  408 | 400m Free  Boys |  |  | Event  508 | 50m Free  Free |  |

**Programme of Events**

Times are approximate and will be updated and issued to all clubs once the entries are finalised



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|  | **Sunday 14th April 2019** | | | | |
|  | **Session 4** | | **Session 5** | | |
|  | Warm-up (Girls/Boys) | | Warm-up (Girls/Boys) | | |
|  | 10.15am – 11.15am | | TBC | | |
|  | Start Time: 11:20 am | | Start Time: TBC | | |
|  | Finish Time: TBC | | Finish Time: TBC | | |
| Event 401 | Girls | 50m Back | Event 501 | Girls | 200m IM |
| Event 402 | Boys | 100m Free | Event 502 | Boys | 100m Fly |
| Event 403 | Girls | 100m Breast | Event 503 | Girls | 100m Back |
| Event 404 | Boys | 200m Fly | Event 504 | Boys | 50m Breast |
| Event 405 | Girls | 200m Free | Event 505 | Girls | 50m Breast |
| Event 406 | Boys | 100m IM | Event 506 | Boys | 400m IM |
| Event 407 | Girls | 200m Back | Event 507 | Girls | 50m Fly |
| Event 408 | Boys | 400m Free | Event 508 | Boys | 50m Free |

Please refer to attached upper and lower time limits for age eligibility in certain events **Signing in closes 10 minutes before warm up for each session**

**Notes:**

* Allocated warm-up times (i.e. age group) will be advised on the day.
* All events are Heat Declared Winners.
* Medals to be collected from presentation desk.
* There will be a presentation for Top Club at the end of session
* The combined maximum length of sessions will be 7.5 hours per day.

**Gloucester City Level 2 Open Meet Lower Qualifying times**

No swimmer with a time slower than the qualifying time may enter that event

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BOYS** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **16+** |
| **50m Free** | 42.10 | 39.30 | 37.20 | 35.10 | 33.10 | 31.30 | 29.90 | 29.00 |
| **100m Free** | 1:29.80 | 1:23.00 | 1:20.60 | 1:15.70 | 1:11.10 | 1:07.30 | 1:04.60 | 1:02.60 |
| **200m Free** | 3:22.80 | 3:06.00 | 2:54.80 | 2:44.70 | 2:35.00 | 2:26.60 | 2:20.80 | 2:16.30 |
| **400m Free** | 7:20.60 | 6:31.80 | 6:06.00 | 5:46.00 | 5:26.80 | 5:10.40 | 4:57.50 | 4:48.70 |
| **1500m Free** |  |  | 23:37.90 | 22:20.50 | 21:30.50 | 19:56.90 | 19:07.70 | 18:49.00 |
| **50m Breast** | 55.10 | 51.30 | 48.00 | 45.10 | 41.90 | 39.60 | 37.70 | 36.40 |
| **100m Breast** | 1:55.70 | 1:48.50 | 1:43.40 | 1:36.90 | 1:30.10 | 1:25.10 | 1:21.00 | 1:18.40 |
| **200m Breast** | 4:17.80 | 3:59.00 | 3:42.40 | 3:29.20 | 3:15.20 | 3:03.90 | 2:55.80 | 2:50.70 |
| **50m Fly** | 47.40 | 43.80 | 41.00 | 38.80 | 36.40 | 34.30 | 32.50 | 31.50 |
| **100m Fly** | 1:40.00 | 1:34.50 | 1:30.40 | 1:24.60 | 1:19.10 | 1:14.40 | 1:10.70 | 1:08.80 |
| **200m Fly** | 4:08.30 | 3:37.30 | 3:18.20 | 3:06.60 | 2:54.70 | 2:44.70 | 2:35.50 | 2:31.70 |
| **50m Back** | 48.60 | 45.10 | 42.50 | 40.30 | 37.60 | 35.80 | 33.90 | 32.60 |
| **100m Back** | 1:39.90 | 1:33.60 | 1:30.50 | 1:25.20 | 1:19.70 | 1:15.00 | 1:11.50 | 1:09.30 |
| **200m Back** | 3:43.80 | 3:26.70 | 3:13.30 | 3:02.60 | 2:51.10 | 2:41.40 | 2:34.30 | 2:29.80 |
| **100m IM** | 1:41:00 | 1:36:00 | 1:28:00 | 1:22:00 | 1:17:00 | 1:13:00 | 1:08:00 | 1:05:00 |
| **200m IM** | 3:49.70 | 3:32.20 | 3:17.60 | 3:06.80 | 2:55.80 | 2:45.30 | 2:38.20 | 2:33.70 |
| **400m IM** |  |  | 6:59.70 | 6:34.30 | 6:12.00 | 5:50.30 | 5:34.60 | 5:25.40 |

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| **GIRLS** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **16+** |
| **50m Free** | 42.60 | 39.90 | 37.70 | 35.70 | 34.30 | 33.30 | 32.50 | 32.00 |
| **100m Free** | 1:30.60 | 1:27.60 | 1:21.30 | 1:16.60 | 1:13.50 | 1:11.30 | 1:09.90 | 1:08.70 |
| **200m Free** | 3:24.50 | 3:06.80 | 2:55.40 | 2:44.90 | 2:38.00 | 2:33.50 | 2:30.20 | 2:28.00 |
| **400m Free** | 7:25.40 | 6:35.70 | 6:04.90 | 5:43.70 | 5:29.80 | 5:20.80 | 5:13.80 | 5:10.20 |
| **800m Free** |  |  | 11.14.00 | 10:34.90 | 10.07.80 | 9:56.20 | 9:53.50 | 9:48.90 |
| **50m Breast** | 55.90 | 51.70 | 48.30 | 45.40 | 43.20 | 41.80 | 40.80 | 40.30 |
| **100m Breast** | 1:59.90 | 1:52.50 | 1:43.50 | 1:37.30 | 1:32.30 | 1:28.70 | 1:27.10 | 1:26.20 |
| **200m Breast** | 4:20.00 | 3:59.50 | 3:42.10 | 3:28.80 | 3:18.20 | 3:11.50 | 3:07.90 | 3:05.80 |
| **50m Fly** | 47.90 | 43.90 | 41.30 | 39.10 | 37.30 | 36.10 | 35.20 | 34.70 |
| **100m Fly** | 1:47.90 | 1:39.30 | 1:30.90 | 1:24.90 | 1:21.20 | 1:18.30 | 1:16.90 | 1:15.80 |
| **200m Fly** | 4:11.00 | 3:40.00 | 3:20.20 | 3:06.40 | 2:57.30 | 2:51.00 | 2:46.90 | 2:44.80 |
| **50m Back** | 48.90 | 45.30 | 42.70 | 40.50 | 38.70 | 37.50 | 36.80 | 36.10 |
| **100m Back** | 1:45.50 | 1:38.50 | 1:31.00 | 1:25.30 | 1:21.40 | 1:19.00 | 1:17.10 | 1:16.10 |
| **200m Back** | 3:46.20 | 3:28.70 | 3:12.50 | 3:01.70 | 2:54.30 | 2:49.20 | 2:44.80 | 2:42.40 |
| **100m IM** | 1:41:00 | 1:36:00 | 1:28:00 | 1:23:00 | 1:18:50 | 1:14:00 | 1:10:00 | 1:08:00 |
| **200m IM** | 3:51.60 | 3:32.70 | 3:17.90 | 3:06.30 | 2:58.80 | 2:53.10 | 2:49.50 | 2:47.20 |
| **400m IM** |  |  | 6:57.30 | 6:32.00 | 6:14.40 | 6:03.10 | 5:55.80 | 5:50.50 |

Swimmers must have achieved a current ranking time equal to or faster than the times shown above in the qualifying table. This can be a short course or converted long course time. Entry times will be subject to random checking. Any swimmer found to have fabricated an entry time will be removed from the meet without refund.

**Gloucester City Level 3 Open Meet Upper Qualifying times**

No swimmer with a time faster than the upper qualifying time may enter that event

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| **BOYS** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **16+** |
| **50m Free** | 42.11 | 39.31 | 37.21 | 35.11 | 33.11 | 31.31 | 29.91 | 29.01 |
| **100m Free** | 1:29.81 | 1:23.01 | 1:20.61 | 1:15.71 | 1:11.11 | 1:07.31 | 1:04.61 | 1:02.61 |
| **200m Free** | 3:22.81 | 3:06.01 | 2:54.81 | 2:44.71 | 2:35.01 | 2:26.61 | 2:20.81 | 2:16.31 |
| **400m Free** | 7:20.61 | 6:31.81 | 6:06.01 | 5:46.01 | 5:26.81 | 5:10.41 | 4:57.51 | 4:48.71 |
| **1500m Free** |  |  | 23:37.91 | 22:20.51 | 21:30.51 | 19:56.91 | 19:07.71 | 18:49.01 |
| **50m Breast** | 55.11 | 51.31 | 48.01 | 45.11 | 41.91 | 39.61 | 37.71 | 36.41 |
| **100m Breast** | 1:55.71 | 1:48.51 | 1:43.41 | 1:36.91 | 1:30.11 | 1:25.11 | 1:21.01 | 1:18.41 |
| **200m Breast** | 4:17.81 | 3:59.01 | 3:42.41 | 3:29.21 | 3:15.21 | 3:03.91 | 2:55.81 | 2:50.71 |
| **50m Fly** | 47.41 | 43.81 | 41.01 | 38.81 | 36.41 | 34.31 | 32.51 | 31.51 |
| **100m Fly** | 1:40.01 | 1:34.51 | 1:30.41 | 1:24.61 | 1:19.11 | 1:14.41 | 1:10.71 | 1:08.81 |
| **200m Fly** | 4:08.31 | 3:37.31 | 3:18.21 | 3:06.61 | 2:54.71 | 2:44.71 | 2:35.51 | 2:31.71 |
| **50m Back** | 48.61 | 45.11 | 42.51 | 40.31 | 37.61 | 35.81 | 33.91 | 32.61 |
| **100m Back** | 1:39.91 | 1:33.61 | 1:30.51 | 1:25.21 | 1:19.71 | 1:15.01 | 1:11.51 | 1:09.31 |
| **200m Back** | 3:43.81 | 3:26.71 | 3:13.31 | 3:02.61 | 2:51.11 | 2:41.41 | 2:34.31 | 2:29.81 |
| **100m IM** | 1:41:01 | 1:36:01 | 1:28:01 | 1:22:01 | 1:17:01 | 1:13:01 | 1:08:01 | 1:05:01 |
| **200m IM** | 3:49.71 | 3:32.21 | 3:17.61 | 3:06.81 | 2:55.81 | 2:45.31 | 2:38.21 | 2:33.71 |
| **400m IM** |  |  | 6:59.71 | 6:34.31 | 6:12.01 | 5:50.31 | 5:34.61 | 5:25.41 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **GIRLS** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **16+** |
| **50m Free** | 42.61 | 39.91 | 37.71 | 35.71 | 34.31 | 33.31 | 32.51 | 32.01 |
| **100m Free** | 1:30.61 | 1:27.61 | 1:21.31 | 1:16.61 | 1:13.51 | 1:11.31 | 1:09.91 | 1:08.71 |
| **200m Free** | 3:24.51 | 3:06.81 | 2:55.41 | 2:44.91 | 2:38.01 | 2:33.51 | 2:30.21 | 2:28.01 |
| **400m Free** | 7:25.41 | 6:35.71 | 6:04.91 | 5:43.71 | 5:29.81 | 5:20.81 | 5:13.81 | 5:10.21 |
| **800m Free** |  |  | 11.14.01 | 10:34.91 | 10.07.81 | 9:56.21 | 9:53.51 | 9:48.91 |
| **50m Breast** | 55.91 | 51.71 | 48.31 | 45.41 | 43.21 | 41.81 | 40.81 | 40.31 |
| **100m Breast** | 1:59.91 | 1:52.51 | 1:43.51 | 1:37.31 | 1:32.31 | 1:28.71 | 1:27.11 | 1:26.21 |
| **200m Breast** | 4:20.01 | 3:59.51 | 3:42.11 | 3:28.81 | 3:18.21 | 3:11.51 | 3:07.91 | 3:05.81 |
| **50m Fly** | 47.91 | 43.91 | 41.31 | 39.11 | 37.31 | 36.11 | 35.21 | 34.71 |
| **100m Fly** | 1:47.91 | 1:39.31 | 1:30.91 | 1:24.91 | 1:21.21 | 1:18.31 | 1:16.91 | 1:15.81 |
| **200m Fly** | 4:11.01 | 3:40.01 | 3:20.21 | 3:06.41 | 2:57.31 | 2:51.01 | 2:46.91 | 2:44.81 |
| **50m Back** | 48.91 | 45.31 | 42.71 | 40.51 | 38.71 | 37.51 | 36.81 | 36.11 |
| **100m Back** | 1:45.51 | 1:38.51 | 1:31.01 | 1:25.31 | 1:21.41 | 1:19.01 | 1:17.11 | 1:16.11 |
| **200m Back** | 3:46.21 | 3:28.71 | 3:12.51 | 3:01.71 | 2:54.31 | 2:49.21 | 2:44.81 | 2:42.41 |
| **100m IM** | 1:41:01 | 1:36:01 | 1:28:01 | 1:23:01 | 1:18:51 | 1:14:01 | 1:10:01 | 1:08:01 |
| **200m IM** | 3:51.61 | 3:32.71 | 3:17.91 | 3:06.31 | 2:58.81 | 2:53.11 | 2:49.51 | 2:47.21 |
| **400m IM** |  |  | 6:57.31 | 6:32.01 | 6:14.41 | 6:03.11 | 5:55.81 | 5:50.51 |