BRIDGWATER AMATEUR SWIMMING CLUB

**SOUTH WEST REGION SHORT COURSE WINTER CHAMPIONSHIPS 2018**

Millfield School, Butleigh Road, Street, Somerset, BA16 0YD

**2nd 3rd and 4th November 2018**

|  |  |  |  |
| --- | --- | --- | --- |
| NAME: |  | DOB: |  |
| Contact Telephone Number: |  |
| ASA No.: |  | Age as at*: 31/12/2018* |  |

**Qualifying Times: Entry times must have been achieved in a licensed meets at level 1, 2 or 3 since January 1 2018 and are on ASA Rankings, LC times will be converted by the computer programme.**

 **Male Female**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Senior QT | Junior QT and Open CT | EVENTS | Senior QT | Junior QT and Open CT |
| SC | 25.10 | 26.00 | 50mFreestyle | 28.00 | 28.50 |
| SC | 54.50 | 56.50 | 100m Freestyle | 1.00.80 | 1.02.00 |
| SC | 1.59.00 | 2.04.00 | 200m Freestyle | 2.11.00 | 2.15.00 |
| SC | 4.15.20 | 4.30.00 | 400m Freestyle | 4.35.00 | 4.40.00 |
| SC | \*\* | \*\* | 800m Freestyle | \*\* | \*\* |
| SC | \*\* | \*\* | 1500m Freestyle | \*\* | \*\* |
| SC | 28.50 | 30.00 | 50m Backstroke | 31.50 | 32.50 |
| SC | 1.00.40 | 1.03.00 | 100m Backstroke | 1.07.20 | 1.09.50 |
| SC | 2.15.00 | 2.21.00 | 200m Backstroke | 2.24.00 | 2.30.00 |
| SC | 32.50 | 34.00 | 50m Breaststroke | 36.10 | 37.00 |
| SC | 1.10.10 | 1.13.00 | 100mBreaststroke | 1.17.70 | 1.20.00 |
| SC | 2.32.00 | 2.40.00 | 200m Breaststroke | 2.48.00 | 2.52.00 |
| SC | 27.50 | 28.30 | 50m Butterfly | 30.00 | 31.00 |
| SC | 1.01.00 | 1.04.00 | 100m Butterfly | 1.07.80 | 1.09.20 |
| SC | 2.20.00 | 2.24.00 | 200m Butterfly | 2.30.00 | 2.38.80 |
| SC | 1.02.80 | 1.06.00 | 100m Ind. Medley | 1.09.00 | 1.12.00 |
| SC | 2.12.00 | 2.20.00 | 200m Ind. Medley | 2.27.50 | 2.31.00 |
| SC | 4.53.00 | 5.00.00 | 400m Ind. Medley | 5.15.00 | 5.20.50 |

All entries must be made on ranking times; conversions may be made using ASA Equivalent Performance tables and must appear on ASA Ranking tables.

Junior Champions will be declared in all events, all competitors must be under the age of 16 on 31/12/18.

\*\* 4 heats will be accepted for the 800/1500m events.

*The management committee reserve the right to reject swimmers with a QT if the sessions will over run the maximum time allowed by licensing regulations.*

**Finals** Will be swam in the order Open, Junior and B in all non HDW events. The fastest 8 swimmers will contest the Open [A] final, the Junior final will be for the next 8 fastest Junior swimmers and the B Final the next 8 swimmers. Juniors must compete in their allocated Final to qualify for the medals and trophies, and the result will be declared only on the results from the A and Junior finals and not the heats or B final.

There will be no awards for the B Final. 4 reserves will be announced for the A & B finals and 2 for the Juniors.

Juniors will be accepted before 16+ swimmers with a CT if there is a need for rejection.

***4 heats will be accepted for the 800/1500m events with 32***

***Boys and 32 Girls will be accepted on Ranked times for these events, with a minimum of 16 juniors in each event****.*

## Friday 2nd November Warm up 5.45 start 6.30 Short Course

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Male/Female** | **Distance** | **Event** | **Entry Ages** | **Entry Fee** | **Entry Time** |
| Female | 800m  | Freestyle  | 16 and under & 17 & Over | £8.00 |  |
| Male  | 1500m  | Freestyle  | 16 and under & 17 & Over | £8.00 |  |

## Saturday 3rd November Warm up 8.45am Start 9.45am Short Course

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| --- | --- | --- | --- | --- | --- |
| **Male/Female** | **Distance** | **Event** | **Entry Ages** | **Entry Fee** | **Entry Time** |
| Male | 200m  | IM  | 16 and under & 17 & Over | £8.00 |  |
| Female  | 200m | Backstroke | 16 and under & 17 & Over | £8.00 |  |
| Male  | 200m  | Breaststroke  | 16 and under & 17 & Over | £8.00 |  |
| Female  | 100m  | Breaststroke | 16 and under & 17 & Over | £8.00 |  |
| Male  | 100m | Backstroke | 16 and under & 17 & Over | £8.00 |  |
| Female | 50m | Butterfly | 16 and under & 17 & Over | £8.00 |  |
| Male | 50m | Freestyle | 16 and under & 17 & Over | £8.00 |  |
| Female | 400m | Freestyle  | 16 and under & 17 & Over | £8.00 |  |

## Saturday 3rd November Session PM start TBA Short Course

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Male/Female** | **Distance** | **Event** | **Entry Ages** | **Entry Fee** | **Entry Time** |
| Female | 100m | IM | 16 and under & 17 & Over | £8.00 |  |
| Male | 200m | Freestyle | 16 and under & 17 & Over | £8.00 |  |
| Female | 200m | Butterfly | 16 and under & 17 & Over | £8.00 |  |
| Male  | 100m  | Butterfly | 16 and under & 17 & Over | £8.00 |  |
| Female  | 100m  | Freestyle | 16 and under & 17 & Over | £8.00 |  |
| Male | 50m | Breaststroke | 16 and under & 17 & Over | £8.00 |  |
| Female | 50m | Backstroke | 16 and under & 17 & Over | £8.00 |  |
| Male | 400m | IM | 16 and under & 17 & Over | £8.00 |  |

**Sunday 4th November 2018 – Session AM Warm up 8.45am Start 9.45am Short Course**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Male/Female** | **Distance** | **Event** | **Entry Ages** | **Entry Fee** | **Entry Time** |
| Female | 200m | IM | 16 and under & 17 & Over | £8.00 |  |
| Male  | 200m  | Backstroke | 16 and under & 17 & Over | £8.00 |  |
| Female  | 200m  | Breaststroke | 16 and under & 17 & Over | £8.00 |  |
| Male  | 100m  | Breaststroke | 16 and under & 17 & Over | £8.00 |  |
| Female | 100m | Backstroke | 16 and under & 17 & Over | £8.00 |  |
| Male | 50m  | Butterfly | 16 and under & 17 & Over | £8.00 |  |
| Female | 50m | Freestyle | 16 and under & 17 & Over | £8.00 |  |
| Male | 400m | Freestyle | 16 and under & 17 & Over | £8.00 |  |

**Sunday 4th November Session PM Start TBA Short Course**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Male/Female** | **Distance** | **Event** | **Entry Ages** | **Entry Fee** | **Entry Time** |
| Male | 100m | IM | 16 and under & 17 & Over | £8.00 |  |
| Female | 200m | Freestyle | 16 and under & 17 & Over | £8.00 |  |
| Male | 200m | Butterfly | 16 and under & 17 & Over | £8.00 |  |
| Female  | 100m | Butterfly | 16 and under & 17 & Over | £8.00 |  |
| Male  | 100m | Freestyle | 16 and under & 17 & Over | £8.00 |  |
| Female  | 50m  | Breaststroke | 16 and under & 17 & Over | £8.00 |  |
| Male | 50m  | Backstroke  | 16 and under & 17 & Over | £8.00 |  |
| Female | 400m | IM | 16 and under & 17 & Over | £8.00 |  |

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| ***See above for Qualifying Times*** |
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| Entry Fees |  |
| Total number of events @ £8.00 |  | *Sub Total* | *£* |
|  |  |  |  |
| Plus £3.00 for Coaching Team Passes |  | *£3.00* |
| PAYMENT DETAILSBank Transfer toSort Code 30-99-51 A/C Number 66194568 |
|
| Total  | £ |
| **PLEASE MAKE PAYMENT ONCE ENTRIES HAVE BEEN ACCEPTED****CLOSING DATE FRIDAY 5TH OCTOBER 2018** |
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